Amica VCS Workshops Team Links
September 26 – November 26

Date	Title	Booking
09/09//26 1.30pm- 3.30pm	Anxiety Management (**Staff)**	https://www.eventbrite.com/e/anxiety-management-session-for-staff-tickets-1994151152779?aff=oddtdtcreator
23/09/26 1.30pm-3pm	How to have a mentally healthy conversation (**Manager)**	https://www.eventbrite.com/e/how-to-have-a-mentally-healthy-conversation-session-for-managers-tickets-1994151819774
06/10/26 9.30am -11am	When the Work Stays With you: Understanding Vicarious Trauma (**Manager)**	https://www.eventbrite.com/e/when-the-work-stays-with-you-understanding-vicarious-trauma-for-managers-tickets-1994152083563
22/10/26 9.30am-11am	Emotional Resilience Training **(Staff)**	https://www.eventbrite.com/e/emotional-resilience-training-session-for-staff-tickets-1994152292187?aff=oddtdtcreator
12/11/26 9.30am – 11am	When the Work Stays With you: Understanding Vicarious Trauma **(Staff)**	https://www.eventbrite.com/e/when-the-work-stays-with-you-understanding-vicarious-trauma-for-staff-tickets-1994152409538?aff=oddtdtcreator
25/11/26 2.30pm-4pm	Anxiety Management **(Manager)**	https://www.eventbrite.com/e/anxiety-management-session-for-managers-tickets-1994152543940

3/12/2026 9:30 am-11am	Emotional Resilience Training **(Staff)**	https://www.eventbrite.com/e/emotional-resilience-training-staff-tickets-2002939892135?aff=oddtdtcreator
15.12.25 1.30pm – 3pm	Emotional Resilience Training **(Manager)**	https://www.eventbrite.com/e/emotional-resilience-training-manager-tickets-2002940120819?aff=oddtdtcreator