NHS
Leicester, Leicestershire and Rutland

Get in the know about local mental health and wellbeing services.

There are a wide range of mental health and wellbeing services in your community.

It's OK to ask for help, whether it's urgent or an emergency, or you just need a little support. Get in the know about what's available locally and get the right care as quickly as possible.

A proud partner in the:

Leicester, Leicestershire and Rutland
Health and Wellbeing Partnership

GET IN THE KNOW

GetInTheKnow.co.uk